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Overview: Krishna Arora's second book in the series The Theory Of Cookery, is an authoritative and detailed book that covers the production and cooking of different types of food. The author delivers a comprehensive instruction for the various production processes, and techniques and

technologies involved in cooking food. The book covers all the aspects of food production and cooking, such as preparation and consumption, selection and sources of raw materials, nutritional and sensory attributes, and the preparation, cooking and serving of different types of food. The text is divided into six major chapters. The first chapter provides an introduction to the production processes of food and the role of the cook. The second chapter covers the production, selection, preparation and handling of the raw materials for cooking and the basic nutritional values. The third chapter deals with the principles of the preparation and cooking of different types of food. The fourth chapter details the preparation of food to be served to an audience, which can be a restaurant, hotel, catering company or home. The fifth chapter covers the production, cooking and

serving of different types of food, which is intended for household use. The final chapter provides a variety of instructional activities, which can be used as aids for learning about food. Food Safety is a very important part of this book. In addition to basic science related to food safety, the book includes sections on the preparation of food for the elderly, the disabled, and children. There are over 150 photos, which are intended to help and guide the reader.

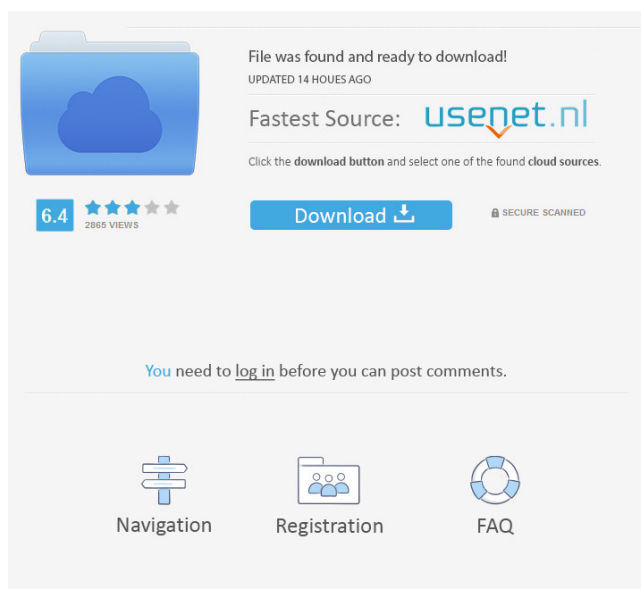
The author recommends that the user master the basic principles in this book, then refer to the individual chapters of the book for the specific details of each food..

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from many places. In this book, author explains the techniques and technologies involved in cooking food. The Theory Of Cookery Book is a must have book for everyone in general who cook and a guide for

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